



# Internship and Research Opportunities

February 10th



# Overview & Agenda for today

- 7:02 Information on internships
- 7:15 Student experiences with internships
- 7:25 Q&A
- 7:30 Information on research opportunities
- 7:40 Student experiences with research
- 7:50 More Q&A
  
- 8:00 Mentoring program intro (ESA session ends)
- 8:05 Find your small group and mentor!
- 8:10 Discussion in small groups
- 8:30 End



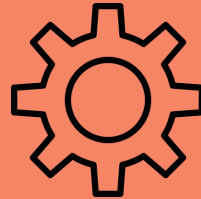
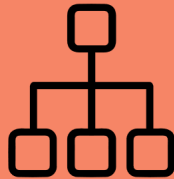
# Why Internships Matter

**Build your resume  
and develop  
marketable skills**



**Gain hands-on  
experience in your  
field of interest**

**Expand your  
professional  
network**



**Increase job  
opportunities  
post-graduation**



# Where to Find Internships



## Online Internship Platforms:

- **Handshake** – University-focused job board with internship postings
- **LinkedIn** – Professional networking site with job listings
- **Internships.com** – Search by field, location, or company
- **WayUp** – Focuses on student and recent graduate opportunities
- **Glassdoor & Indeed** – Job search engines with internship filters



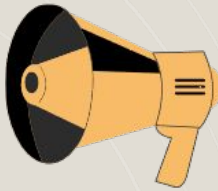
## Syracuse University Career Center

- Check your college's career website for exclusive listings
- Attend career fairs hosted by SU and your home colleges
- Network with alumni through school-sponsored events or LinkedIn



## Company Websites

- Visit company career pages and apply directly
- Up-to-date job postings



# Internship Timeline & Deadlines

**Tip:** Competitive internships (Google, Goldman Sachs, etc.) have **early deadlines (September - November)**

## Fall Internships (August - December):



Applications open: **May - July**  
Deadlines: **July - September**

## Spring Internships (January - May):



Applications open: **September - November**  
Deadlines: **November - December**

## Summer Internships (May - August):



Applications open:  
**September - February**  
Deadlines: **December - March**



# Specific Internship Places

Internships/Scholarships are broad reaching, and include government, nonprofit and for-profit organizations

## Government

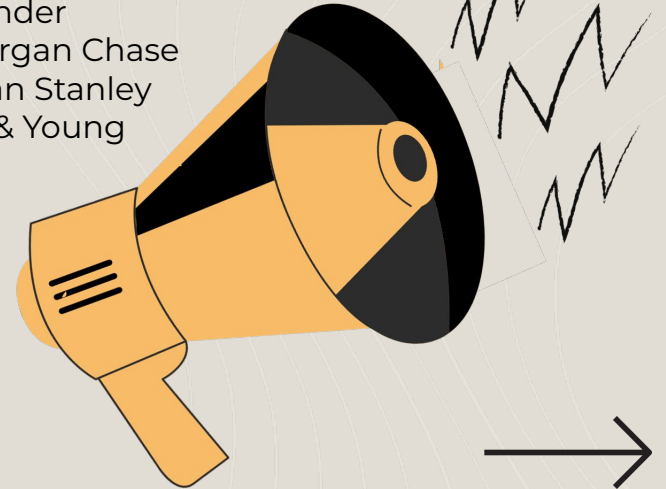
- Federal Reserve
- Federal Deposit Insurance Corporation (FDIC)
- Financial Industry Regulatory Authority (FINRA)
- Office of the Comptroller of the Currency (OCC)
- State and Local Governments

## Non - Profits

- International Monetary Fund (IMF)
- World Bank
- Brookings Institute
- Cato Institute
- Pew Research Center
- Center for Economic and Policy Research
- Council on Foreign Relations
- National Economic Research Association (NERA)

## For Profits

- Cornerstone Research
- Deloitte
- The Brattle Group
- State Farm Research and Development Center
- Santander
- JP Morgan Chase
- Morgan Stanley
- Ernst & Young



# Internship Examples



## **The Brookings Institute: Research Assistant, Center for Economic Security and Opportunities**

Research and analyze a range of economic, health, and social policy issues. Draft materials and working paper, provide quantitative analysis assistance.

## **Nomura Securities International: US Economic Research Analyst Intern**

Analyse macroeconomic data focusing on implications for market growth, inflation, and labor market. Follow the Fed and government policies and do forecasting.

## **University of Chicago: Summer Research Assistant - Energy and Environment Lab (Summer 2025)**

Evaluate impact of promising energy and environmental interventions. Assist in analyzing of data and using experimental methods and help develop policies to lawmakers.

## **JP Morgan Chase: 2026 Asset & Wealth Management Summer Risk Analyst Program**

Collaborate with industry experts to identify, assess, and manage risks facing the Bank and our clients. Help innovate next wave of products and solutions for clients.

## **American Economic Association Summer and Scholarship Programs**

A pipeline to prepare undergrad econ majors for doctoral programs in economics and related fields. 2 months of intensive training in micro, math, econometrics and research methods. Visit D.C. the Fed, and more

## **Voya Financial: Summer Student-Emerging Markets**

Under direction of senior analyst, update and maintain country financial models focused on GDP, inflation, and balance of payments.



# Syracuse Online Resources



## Handshake

**College Career Platform:** Handshake is a job and internship platform designed for students and recent graduates, connecting them with employers, career events, and networking opportunities.

**Personalized Job Matching:** It uses AI to recommend job listings based on a user's profile, major, skills, and interests, making it easier to find relevant opportunities.

**University & Employer Network:** Handshake partners with colleges and thousands of companies, allowing students to apply for jobs, schedule interviews, and engage with recruiters directly.



## Forage

**Virtual Job Simulations:** Forage offers free online job simulations designed by 200 of the world's top companies, allowing users to experience real-world tasks from various industries like consulting, finance, law, and tech.

**Skill Development & Career Exploration:** Participants gain hands-on experience, build relevant skills, and explore different career paths without needing prior experience or applications.

**Employer Recognition & Networking:** Completing a Forage program can boost a resume and LinkedIn profile, as many companies recognize it as a valuable learning experience and may even use it for recruiting.



## VMock

**AI-Powered Resume & Career Feedback Tool:** VMock is a smart career platform that uses AI to provide instant, personalized feedback on resumes, cover letters, and LinkedIn profiles.

**Skill-Based Scoring & Insights:** It evaluates documents based on industry best practices, checking structure, content, and impact to help users improve their professional presentation.





# Syracuse Programs



## **Maxwell in DC (happens every semester)**

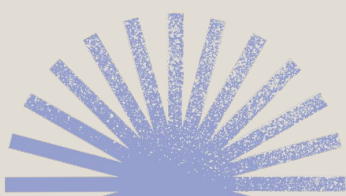
Undergraduate Semester provides the opportunity to engage critically important institutions, processes, and policymakers while living in the nation's capital. Outside of the classroom, you can gain first hand experience in public or international affairs by interning three to five days per week.

## **Albany Immersion Experience (1 Day Trip on March 28)**

The immersion trip consists of an all-day experience with local agencies and government offices across varying professional sectors in downtown Albany, NY. The event will also include networking dinner with Syracuse University alumni working in various fields in government.

## **Excel Certification (whenever, funded by Maxwell)**

Maxwell offers students the **Microsoft Office Specialist (MOS) Excel 365/2019** certification program. This MOS certification is provided through Certiport, Microsoft's premiere certification organization. Maxwell will pay for the test.

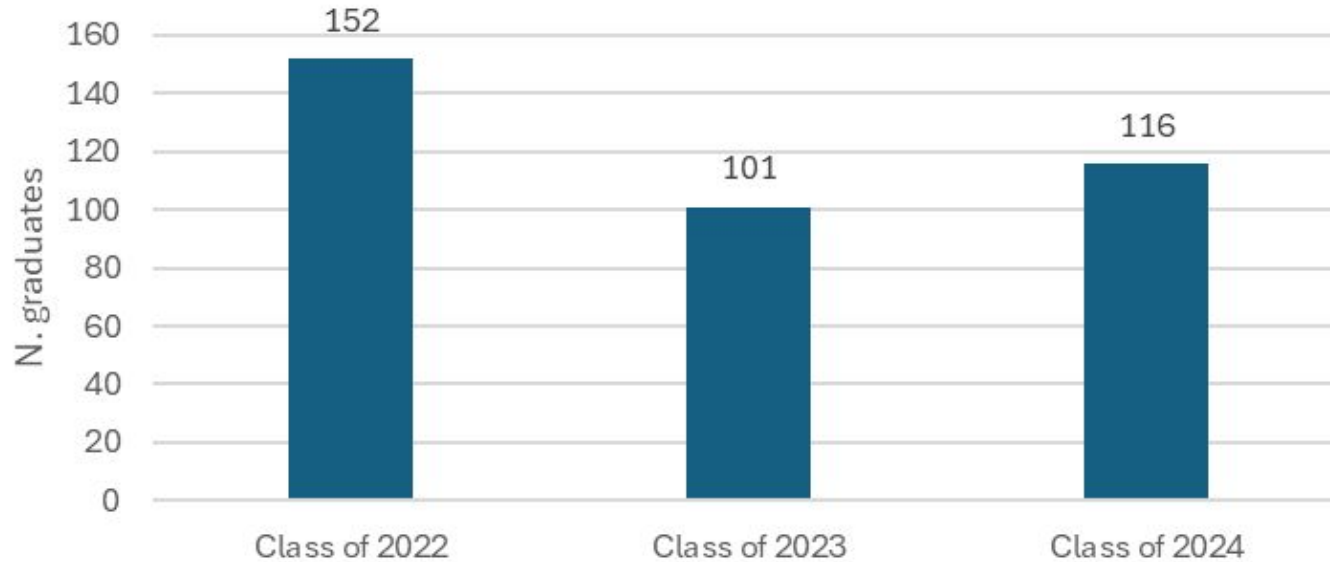


# Economics at SU by the Numbers

Number of graduates from the economics department in the past three years

Count of Response Date

N. Graduates per year



Recipient Graduation Group Name ▼

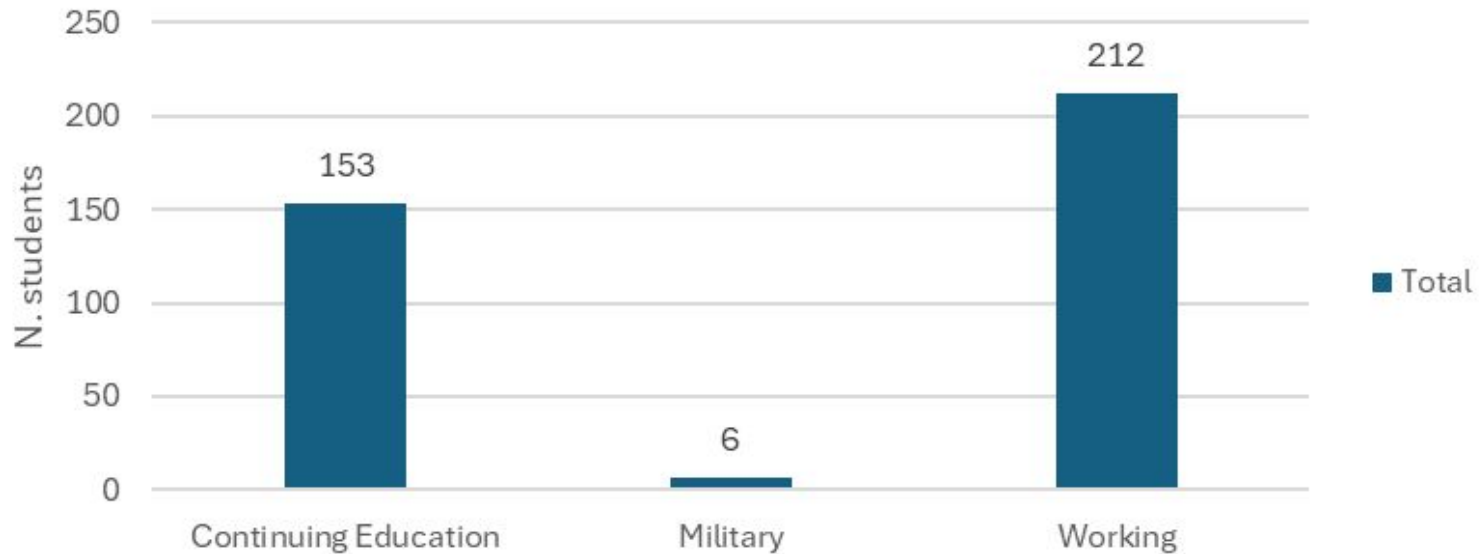


# Economics at SU by the Numbers

Alumni go between work and more schooling

Count of Recipient Graduation Group Name

N. of alumni and what they do class 2022-2024



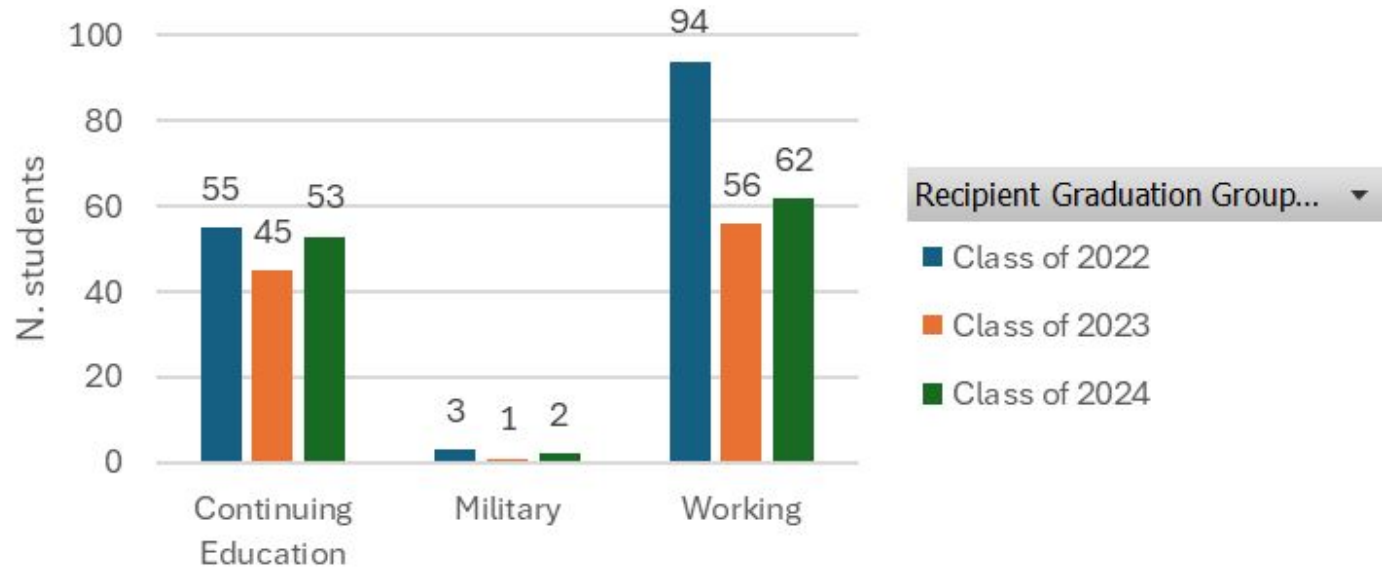
Outcome ▾

# Economics at SU by the Numbers

Over the years, alumni are increasingly attending grad school

Count of Response Primary Major

N. alumni according to what they do by class year



Outcome ▾



# First Destination Survey Insights



## Industry Placement

- 15.18% work for Financial Service companies,
- 7.33% work for Sports and Leisure companies
- 6.81% work for Internet and Software companies
- 5.71% work Investment Banking companies



## Types of Jobs

- 28.68% have Finance positions
- 16.28% have Data & Analytics positions
- 10.85% work in Consulting
- 10.08% work in Sales.



## Geographical Placement

47.89% of those working stayed in New York, 8.45% moved to Maryland, and 7% moved to California



## Alumni's Companies

Alumni's found jobs at Ernst & Young, Goldin Solutions, Goldman Sachs, KPMG, JP Morgan Chase, LogixHealth, Morgan Stanley, Wells Fargo and many more



# First Destination Survey Insights



## Types of continuing education

Out of those seeking a continuing education 91.16% are seeking a Masters and 6.8% went on to a Doctorate program



## Masters Programs

For those seeking Masters: 34.33% continued at Syracuse University, 8.21% went to Johns Hopkins University, and 3.73% went to Columbia University



## Doctorate Programs

Those who are seeking a Doctorate went on to Universities including George Washington University, University of Notre Dame, University of Florida, Temple University, and UC Irvine



# Resume Tips

- Keep it **one page** (unless extensive experience)
- Use **strong action verbs** (e.g., "Led," "Developed," "Analyzed")
- **Tailor** your resume to each internship description
- Highlight **relevant skills, coursework, and projects**
- **Proofread** for grammar and formatting errors
- Check the effectiveness of your resume through **VMOCK**
- Watch out for **resume workshops** through clubs and the career center



# Cover Letter Tips

- Address it to a **specific person** if possible
- **Explain why you're interested** in the role and company
- **Highlight key skills and experiences** (don't repeat your resume)
- Keep it **concise (3-4 paragraphs max)**
- End with a **strong closing statement** and a **call to action**

